



2 Mile Run/Walk – Friday, April 13, 2012 at 4:00pm
 Lincoln, IL
 Promoting health and wellness

Registration – Online Registration available at Active.com after January 2012.

- \$10 LCU (Lincoln Christian University) Students, Employees, and Alumni -- *through April 10.*
- \$15 Non-LCU participants -- *through April 10.*

Participants receive:

- Quality 50/50 blend t-shirt
- Finishers' medal
- Picnic at the Post-race event
- Goodie bag of item(s)
- Opportunity to win hundreds of dollars worth of door prizes and drawings
- Possibly...a trophy!!

Packet Pickup and Late Registration

Available on Race day from 2:00 – 3:30pm at the Laughlin Center (#12 on course map – see website).

- LCU Students, Employees, and Alumni – late registration \$15
- Non-LCU participants – late registration \$22

All race fees are non-refundable.



Course

Flat, fast, accurate course (all paved). The event starts and ends on the campus and the participants will tour the campus grounds and nearby neighborhoods.

Post-Race Party & Awards Ceremony

Refreshments are available immediately after the race along with numerous door prizes.

Separate awards will be given to LCU and Non-LCU participants.

Awards include:

- **Overall award and money to top male and female in the open and masters divisions**
- Age-group awards (see divisions below)
- Foot Pounder awards (see qualifications below)
- Middle of the Pack award and
- LCU medals to all Finishers

Additional money is awarded to first overall male/female to break course record. Male: 10:04; Female: 11:39.

Age Divisions:

14 and Under	25-29	50-59	Foot Pounder (<i>optional category</i>): Males- 220lbs and over Females- 170lbs and over
15-19	30-39	60 & Over	
20-24	40-49		

Winners are eligible in only one award category.

For More Information

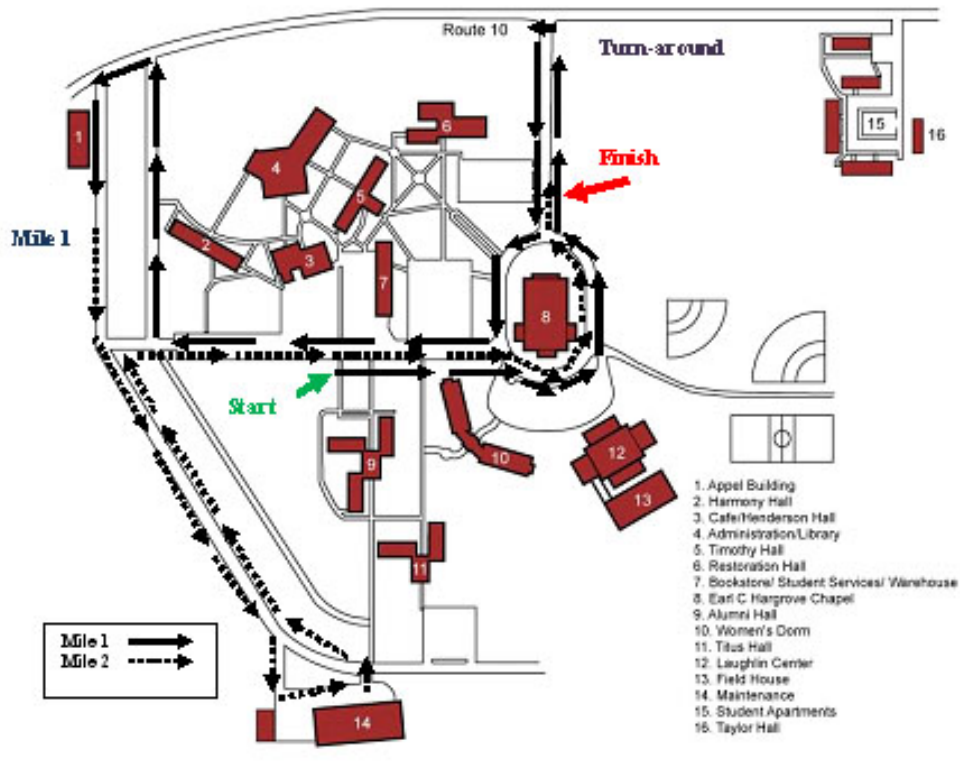
Visit our website at Lincoln Christian University [lincolnchristian.edu/runforyourlife] – Registration will be available online @ Active.com after January 2012.

Contact Ann Spellman, Race Director - [Email \(runforyourlife@lincolnchristian.edu\)](mailto:runforyourlife@lincolnchristian.edu) or Phone: 217-732-3168 Ext. 2247.



Course Map

LCU Run For Your Life 2 Mile Route



Directions: The campus is located on the east edge of Lincoln, along Illinois Route 10.