



2 Mile Run/Walk – Friday, April 8, 2011 at 4:00pm

Promoting health and wellness

Registration

- LCU (Lincoln Christian University) Students, Employees, and Alumni - \$10 through April 6.
- Non-LCU participants - \$15 through April 6.

Online Registration available at: Active.com until April 6.

Packet Pickup and Late Registration

Available on Race day from 2:00 – 3:30pm at Restoration Hall (#6 on map).

- LCU Students, Employees, and Alumni - \$15
- Non-LCU participants - \$22

All race fees are non-refundable.



Course

Flat, fast, accurate course (all paved). The event starts and ends on the campus and the participants will tour the campus grounds and nearby neighborhoods.

Post-Race Party & Awards Ceremony

Refreshments are available immediately after the race along with numerous door prizes.

Separate awards will be given to LCU and Non-LCU participants.

Awards include:

Overall award and money to top male and female in the open and masters divisions;

Age-group awards (see divisions below)

Foot Pounder awards (see qualifications below)

Middle of the Pack award and

LCU medals to all Finishers

Additional money is awarded to first overall male/female to break course record. Male: 10:40; Female: 11:39.

Age Divisions:

14 and Under

25-29

50-59

15-19

30-39

60 & Over

20-24

40-49

Foot Pounder:

Males- 220lbs and over

Females- 170lbs and over

Winners are eligible in only one award category.

For More Information

Visit our website at Lincoln Christian University

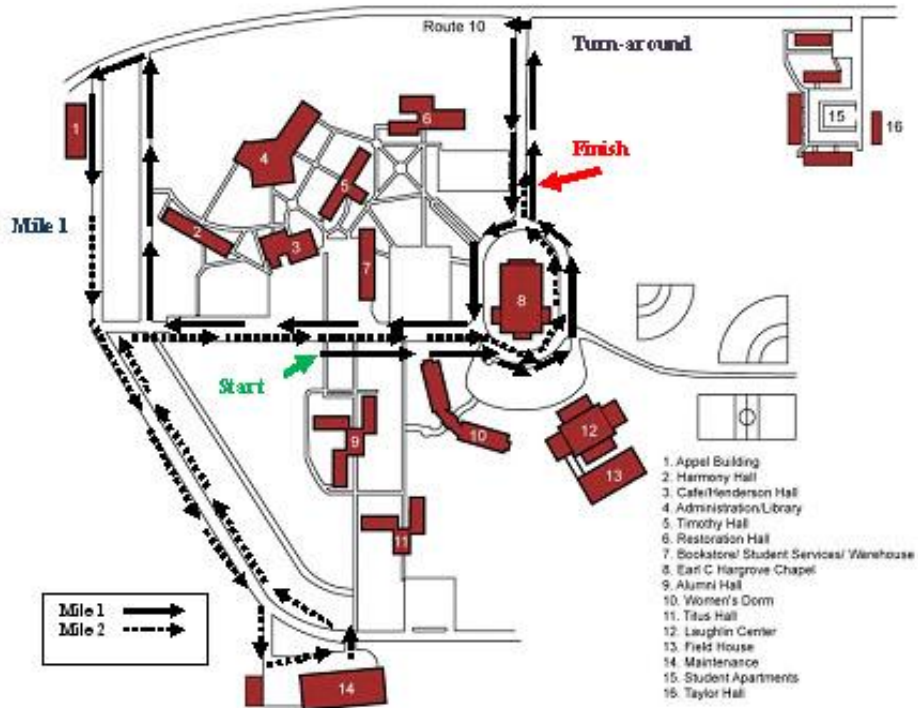
Contact Ann Spellman, Race Director – [Email](mailto:) or Phone: 217-732-3168 Ext. 2247.

Register online @ Active.com



Course Map

LCU Run For Your Life 2 Mile Route



Directions: The campus is located on the east edge of Lincoln, along Illinois Route 10. Search [online](#) for specific directions.

Race Sponsors -- [Coming Soon]

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